

First Day Of School

Basic Rules for Success

1. You will be on time for class.
 - A. You will be in your seat at the time the period begins.
 - B. You will have a signed agenda-pass if you're delayed from your previous class.
 - C. You will let the teacher know before class begins if you have to use the bathroom.
2. You will come prepared each day to class.
 - A. You will have a pen, pencil with eraser, binder with paper, calculator and your agenda.
 - B. You will have any assignment completed ahead of time that is due that day.
3. You will not:
 - A. Bring a cell phone, media player or game devices to class.
 - B. Chew gum or have suckers/lollipops in class.
4. You will raise your hand if you have a question to ask or comment to make.
 - A. You will wait until called upon to say what you want.
 - B. You will not interrupt another student if they are having their turn to say something.
 - C. You will not interrupt the teacher when they are speaking.
5. You will be responsible for the degree of success you achieve in class.
 - A. You will work cooperatively with others in the class when appropriate.
 - B. You will complete all assignments on time.
 - C. You will review all new information sometime later that day.
 - 1) You will find out that this is one of the easiest ways to improve in any subject since you will only remember 25% of any new knowledge within 24 hours of learning it, unless you review it a second time during those first 24 hours.
 - 2) You will daily review new vocabulary. Since science vocabulary isn't a part of most middle schoolers conversations with friends, you will have to take the time to learn it.
 - D. You will prepare several days in advance for any test or quiz.
 - 1) You will refer to objective sheets along with their vocabulary as you prepare for any test or quiz.
 - 2) You will refer to your notes, handouts, labs, and homework to know each objective.
 - 3) When you can answer each objective correctly using any new vocabulary correctly without referring to any other information, you will be able to do well.
 - 4) Cramming the night before or on the ride into school doesn't work.
 - 5) You will find out that success in anything you do takes time, effort and a disciplined mind.
6. You will keep this paper in your binder every day, for the entire school year.

Attitude

by Charles Swindoll

The longer I live, the more I realize the impact of **attitude** on life.

Attitude to me, is more important than facts.

It is more important than past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do.

It is more important than appearance, gifted ability, or skill.

It will make or break a company, a church, a home.

The remarkable thing is we have a choice everyday regarding the **attitude** we will embrace for that day.

We cannot change our past, we cannot change the fact that people will act in certain way.

We cannot change the inevitable.

The only thing that we can do is play on the one string that we have and this string is, **attitude**.

I am convinced that life is ten percent what happens to me and ninety percent how I react to it.

And so it is with you....We are in charge of our **attitudes**.